



- Note that there is no practice on EASTER **Sunday, April 20**

Thank you,

George Rodriguez

TexasPoleVault 817.999.5492



# FEB 2025

SUN MON TUE WED THU FRI SAT

						<b>01</b> 11am-1pm
<b>02</b> 1PM-3PM	<b>03</b>	<b>04</b> 6PM-8PM	<b>05</b>	<b>06</b> 6PM-8PM	<b>07</b>	<b>08</b>
<b>09</b> 1PM-3PM	<b>10</b>	<b>11</b> 6PM-8PM	<b>12</b>	<b>13</b> 6PM-8PM	<b>14</b>	<b>15</b> 11am-1pm
<b>16</b> 1PM-3PM	<b>17</b>	<b>18</b> 6PM-8PM	<b>19</b>	<b>20</b> 6PM-8PM	<b>21</b>	<b>22</b>
<b>23</b> 1PM-3PM	<b>24</b>	<b>25</b> 6PM-8PM	<b>26</b>	<b>27</b> 6PM-8PM	<b>28</b>	<b>Mar.1</b> 11am-1pm

Monthly: \$300.00 for Unlimited Sessions (approximately \$20.00 per session).  
 Single Session: \$60.00, with a minimum of 2 sessions per week (\$60.00 per session).

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# MAR 2025

SUN	MON	TUE	WED	THU	FRI	SAT
						<b>01</b> 11am--1pm
<b>02</b> 1PM-3PM	<b>03</b>	<b>04</b> 6PM-8PM	<b>05</b>	<b>06</b> 6PM-8PM	<b>07</b>	<b>08</b>
<b>09</b> No Prtactice	<b>10</b>	<b>11</b> 6PM-8PM	<b>12</b>	<b>13</b> 6PM-8PM	<b>14</b>	<b>15</b> 11am-1pm
<b>16</b> 1PM-3PM	<b>17</b>	<b>18</b> 6PM-8PM	<b>19</b>	<b>20</b> 6PM-8PM	<b>21</b>	<b>22</b>
<b>23</b> 1PM-3PM	<b>24</b>	<b>25</b> 6PM-8PM	<b>26</b>	<b>27</b> 6PM-8PM	<b>28</b>	<b>29</b> 11am-1pm
<b>30</b> 1PM-3PM	<b>31</b>	<b>APR 01</b> 6PM-8PM				

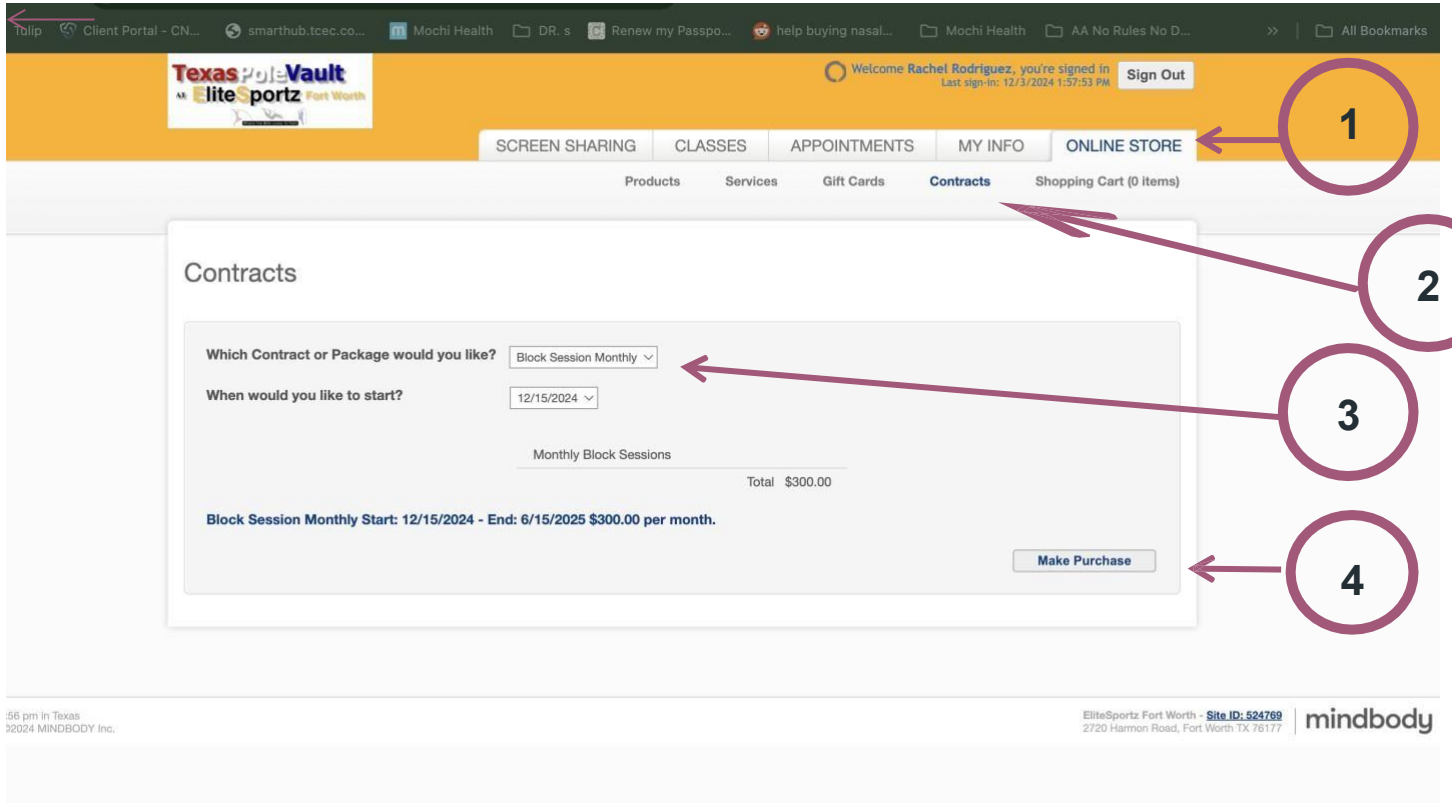


# Apr 2025

SUN	MON	TUE	WED	THU	FRI	SAT
		<b>01</b> 6pm-8pm	<b>02</b>	<b>03</b> 6pm-8pm	<b>04</b>	<b>05</b>
<b>06</b> 1pm-3pm	<b>07</b>	<b>08</b> 6pm-8pm	<b>09</b>	<b>10</b> 6pm-8pm	<b>11</b>	<b>12</b> 11am-1pm
<b>13</b> 1pm-3pm	<b>14</b>	<b>15</b> 6pm-8pm	<b>16</b>	<b>17</b> 6pm-8pm	<b>18</b>	<b>19</b>
<b>20</b> EASTER SUNDAY No Practice	<b>21</b>	<b>22</b> 6pm-8pm	<b>23</b>	<b>24</b> 6pm-8pm	<b>25</b>	<b>26</b> 11am-1pm
<b>27</b> 1pm-3pm	<b>28</b>	<b>29</b> 6pm-8pm	<b>30</b>	<b>May 01</b> 6pm-8pm		



Please go to the Mindbody WEB site and sign up for Monthly Block Lessons



## Signing up for the Block Session Monthly Contract / Package

1. Login to the [Mindbody Website](#) and select ONLINE STORE in the Main Menu.
2. Select the **Contract** sub menu
3. Select the Block Session Monthly **Contract** / Package.
4. Click the Make Purchase Button and Complete the signup.

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## Signing up for the 2 Weekly Block Session

The screenshot shows a web browser window with the URL [https://clients.mindbodyonline.com/asp/main\\_shop.asp](https://clients.mindbodyonline.com/asp/main_shop.asp). The user is logged in as Rachel Rodriguez. The main menu includes SCREEN SHARING, CLASSES, APPOINTMENTS, MY INFO, and ONLINE STORE. The 'ONLINE STORE' sub-menu is expanded, showing Products, Services, Gift Cards, Contracts, and Shopping Cart (1 item). The 'Services' sub-menu is selected, displaying a form with a dropdown menu set to 'Block Lessons'. Below the dropdown, there are two options: 'Block Session' for \$60.00 and 'Six Pack Block Sessions' for \$300.00. The 'Block Session' option has a right arrow button next to it. Four numbered callouts (1-4) are placed on the right side of the screen, with arrows pointing to the 'ONLINE STORE' menu item, the 'Services' sub-menu, the 'Block Session' option, and the right arrow button next to the 'Block Session' option respectively.

1. Login to the [Mindbody Website](#) and select ONLINE STORE in the Main Menu.
2. Select the **Services** sub menu
3. Select the Block Session Package.
4. Click the “>” to the right of Block Session, change quantity to 2. Make a Purchase Button and Complete the signup.

***2 sessions per week without monthly membership.***

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# SIGN-UP FOR Remind

Important Register for Remind: Links are below

**Remind is used for Club Notifications, such as Cancellations due to Weather, Staff illness, etc.**

We use this to send a message out to all participants in the gym.

**DOWNLOAD REMIND APP FOR YOUR SMART PHONE!**

Remind Registration Links Below:

Please use this link on Odd days of the Month i.e. 1,3,5...

<https://www.remind.com/join/tpv2015>

Please use this link on Even days of the Month i.e. 2,4,6...

<https://www.remind.com/join/62k6a9c>

## How to leave a Remind class

To remove your name from a Remind class by responding to a message, you can text "@LEAVE" followed by the class code to the number you receive messages from. This will leave the specific class while keeping you in the teacher's other classes. You can also text "@LEAVE" to leave all classes owned by a teacher.

@LEAVE TPV2015

@LEAVE 62k6a9c



# SIGNUP CHECKLIST



1. Login to the [Mindbody Website](#)
  2. Sign up for Monthly Block Lessons
- or**
3. Sign up for 2 Monthly Block Sessions
- and**
4. SIGN-UP FOR Remind

**Remind is used for Club Notifications, such as Cancellations due to Weather, Staff illness, etc. We use this to send a message out to all participants in the gym.**

Thank you,

George Rodriguez

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