



- Note that there is no practice on **Sunday, March 09.**
- Please text Spring Break Dates and ISD to TexasPoleVault@gmail.com
- Indicate any interest in a two-day camp. 10 am-5 pm, w/competition on 3rd day.
- 200.00/Athlete Bring a Friend, A NEW POLE VAULTER, and I will credit your account with a free Private LESSON
- Based on demand I will set camp dates and provide registration for all vaulters attending and a referral block to identify athletes for free private lessons.

Thank you,
George Rodriguez
TexasPoleVault
817.999.5492



FEB 2025

SUN

MON

TUE

WED

THU

FRI

SAT

01

11am-1pm

02

1PM-3PM

03

04

6PM-8PM

05

06

6PM-8PM

07

08

09

NO PRACTICE

10

11

6PM-8PM

12

13

6PM-8PM

14

15

11am-1pm

16

1PM-3PM

17

18

6PM-8PM

19

20

6PM-8PM

21

22

23

1PM-3PM

24

25

6PM-8PM

26

27

6PM-8PM

28

Mar.1

11am-1pm

Monthly: \$300.00 for Unlimited Sessions (approximately \$20.00 per session).
 Single Session: \$60.00, with a minimum of 2 sessions per week (\$60.00 per session).

TexasPoleVault 2720 Harmon Rd., Fort Worth, TX 76177 817-999-5492



MAR 2025

SUN

MON

TUE

WED

THU

FRI

SAT

01

11am--1pm

02

1PM-3PM

03

04

6PM-8PM

05

06

6PM-8PM

07

08

09

1PM-3PM

10

11

6PM-8PM

12

13

6PM-8PM

14

15

11am-1pm

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1PM-3PM

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18

6PM-8PM

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6PM-8PM

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1PM-3PM

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6PM-8PM

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27

6PM-8PM

28

29

11am-1pm

30

1PM-3PM

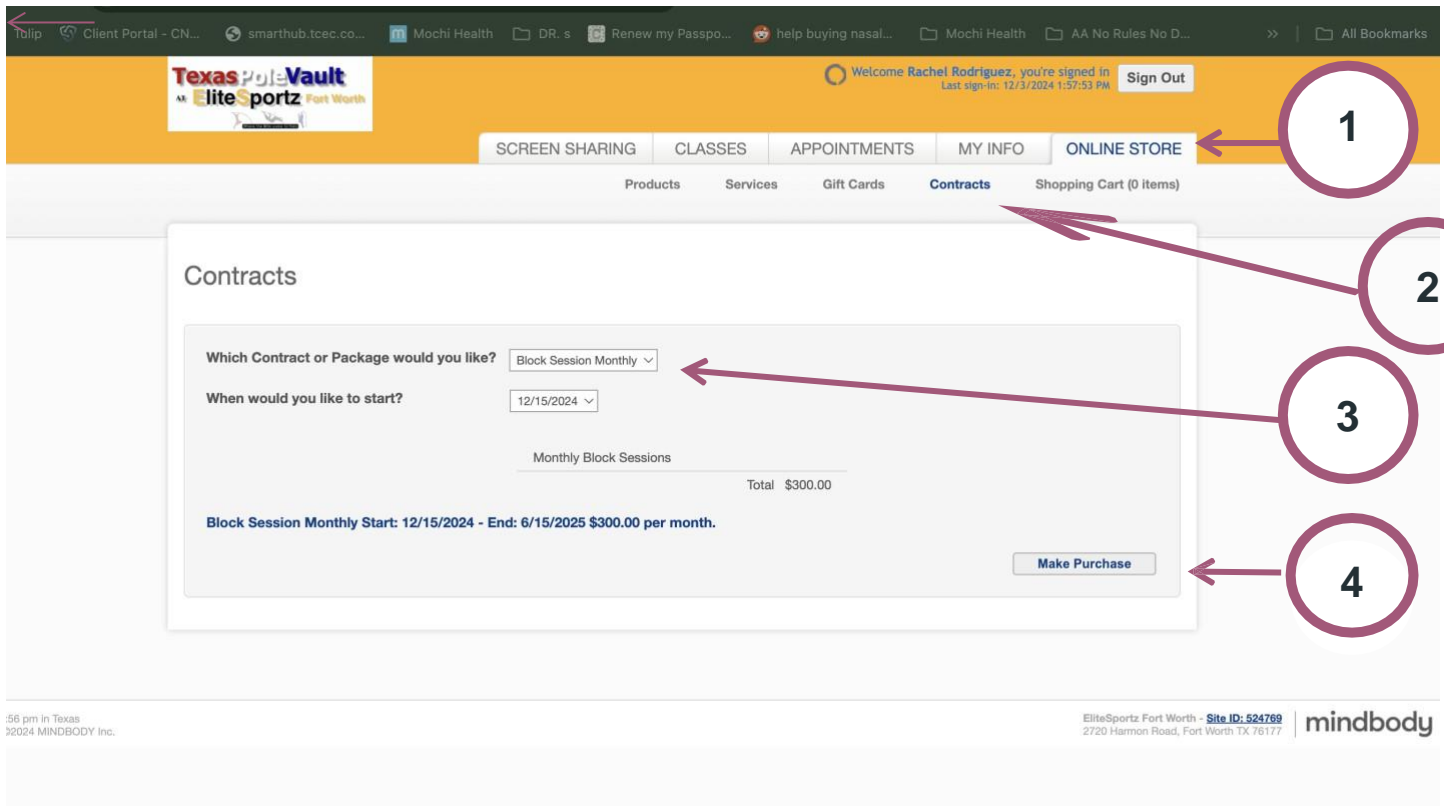
31

APR 01

6PM-8PM



Please go to the Mindbody WEB site and sign up for:
Monthly Block Lessons



Signing up for the Block Session Monthly Contract / Package

1. Login to the [Mindbody Website](#) and select ONLINE STORE in the Main Menu.
2. Select the **Contract** sub menu
3. Select the Block Session Monthly **Contract** / Package.
4. Click the Make Purchase Button and Complete the signup.

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Signing up for the 2 Weekly Block Session

The screenshot shows the Mindbody website interface. The user is logged in as Rachel Rodriguez. The main menu includes SCREEN SHARING, CLASSES, APPOINTMENTS, MY INFO, and ONLINE STORE. The 'ONLINE STORE' menu is selected, leading to a sub-menu with Products, Services, Gift Cards, Contracts, and Shopping Cart (1 item). The 'Services' sub-menu is selected, displaying a form to choose a series or membership. The form has a dropdown menu set to 'Block Lessons'. Below this, there are two options: 'Block Session' for \$60.00 and 'Six Pack Block Sessions' for \$300.00. Arrows point to the right arrow button next to the 'Block Session' option (4). The footer includes the date 12/10/2024, time 2:57:39 pm in Texas, and the website ID 524769.

1. Login to the [Mindbody Website](#) and select ONLINE STORE in the Main Menu.
2. Select the **Services** sub menu
3. Select the Block Session Package.
4. Click the “>” to the right of Block Session, change quantity to 2. Make a Purchase Button and Complete the signup.

2 sessions per week without monthly membership.

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Important Register for Remind: Links are below

Remind

Remind is used for Club Notifications, such as Cancellations due to Weather, Staff illness, etc.

We use this to send a message out to all participants in the gym.

Remind Registration Links Below:

[Please use this link on Odd days of the Month i.e. 1,3,5...](https://www.remind.com/join/tpv2015)

<https://www.remind.com/join/tpv2015>

[Please use this link on Even days of the Month i.e. 2,4,6...](https://www.remind.com/join/62k6a9c)

<https://www.remind.com/join/62k6a9c>

How to leave a Remind class

To remove your name from a Remind class by responding to a message, you can text "@LEAVE" followed by the class code to the number you receive messages from. This will leave the specific class while keeping you in the teacher's other classes. You can also text "@LEAVE" to leave all classes owned by a teacher.

@LEAVE TPV2015

@LEAVE 62k6a9c